

A woman is floating on her back in clear, vibrant blue water. Her eyes are closed, and her expression is peaceful. Her arms are extended horizontally above her head, and her legs are also extended, creating a sense of complete relaxation. The water's surface is slightly rippled, and the overall atmosphere is serene and refreshing.

A Q U A S P A SM
BY ELEMIS

A Sensory Heaven Awaits

Walk into a world of sensory bliss... your doorway to the sublime; the surreal; the sensuous. Unravel the spirit and stretch the imagination as you revel in the timelessness, dream-like consciousness and sheer tranquility. Here the senses are served and saturated as you feel... touch... taste... see... listen and perceive. Inner bliss is an experience you will discover in the AquaSpa with tantalizing packages that have been influenced by ten exotic cultures. Here you will find your pathway to pure peace, reflection, restoration and enlightenment. For you, our guest, heaven is not found on earth, but within the sensuous haven of AquaSpa while you sail on the infinite rolling waves of the ocean. **Indulge in Sensory Heaven in AquaSpa.**



ceremonies

Egyptian Ceremony of Milk and Ginger

Indulge your senses and your skin, as you are immersed in the sweet richness of Cleopatra's rituals with the Egyptian Ceremony of Milk and Ginger...

Includes: Elemis Exotic Enriching Milk Bath, Elemis Exotic Lime and Ginger Salt Glow, Elemis Exotic Coconut Rub and Milk Ritual Wrap / Float, Elemis Deep Tissue Muscle Massage and the Elemis Japanese Silk Booster Facial.

Asian Ceremony of Stone

Be transported to the Spice Islands of Indonesia when you indulge in the Asian Ceremony of Stone...

Includes: Etruscan Chamber Rasul, Elemis Aroma Stone Therapy, Elemis Exotic Hand Ritual, Elemis Sole Delight Foot Treatment, Elemis Frangipani Conditioning Hair and Scalp Ritual with style-dry.

Tahitian Ceremony of Flowers

Capture the exotic essence of ancient Tahitian rituals, as your body is bathed in the richness of tradition with the Tahitian Ceremony of Flowers...

Includes: Elemis Exotic Jasmine Flower Bath, Elemis Exotic Frangipani Body Nourish Float, Elemis Japanese Silk Booster Facial and Elemis Hawaiian Wave Four Hand Massage.



our favorites

La Thérapie HydraLift Facial This youth-enhancing-facial has results that are fast and dramatic. The appearance of fine lines and wrinkles are reduced, skin tone and texture are restored and the complexion becomes smoother and more radiantly youthful after just one treatment. If you want to concentrate on those areas vulnerable to the first signs of aging such as your eyes, neck & lips then this highly effective skin treatment is for you.

Elemis Pro-Collagen Marine Facial Providing immediate results in the fight against time, this exceptional face and eye treatment helps to slow down the signs of premature aging, reducing the appearance of fine lines and wrinkles on the face and crows feet around the eye contour. Specialized lifting massage techniques are combined with the unique anti-ageing Japanese Silk Mask impregnated with Pro-Collagen Booster Serum. Skin will have a more youthful appearance after just 1 treatment. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

Ionithermie Cellulite Reduction Program This firming and toning treatment is the only therapy available that helps to detoxify the body, reduce the appearance of cellulite and offer a substantial inch loss in a single session. If you are serious about achieving dramatic, instant results and focusing on a plan to maintain a firm and toned body, then this non-invasive therapy is just what you are looking for.

Elemis Aroma Spa Ocean Wrap This detoxifying wrap cleans you from the inside out! Your thoughts will drift away as you are cocooned in a warmed seaweed mask. Whether you want to focus on cellulite reduction or melting your muscles, the active ingredients in this powerful mix will leave your body feeling rejuvenated and revived. Choose from Musclease or Cellutox.

Elemis Aroma Stone Therapy This indulging massage will send your mind, body and soul into a heavenly state. Traditional massage is already the ultimate form of relaxation, but when combined with the penetrating heat of volcanic basalt stones placed on key energy points of your body, you will simply drift into a world of pure bliss... an ancient Polynesian tradition that must be experienced.

Elemis Hawaiian Wave Four Hand Massage From Hawaii, traditional Lomi Lomi massage movements sweep the length of the body like a synchronized dance. The experience of having two intuitive therapists working at the same time is the closest that one could imagine to such a mystical experience of the sublime. Four expert hands complement and follow each other to caress and comfort your body's energy flow, resulting in the ultimate experience of the power of touch.

Elemis Frangipani Conditioning Hair and Scalp Ritual Did you know that the beautiful women from the Polynesian Islands regularly use Monoi to nourish their scalp, hair and skin? New born babies are also drenched in the oil to protect their sensitive bodies from the sun. Now, all the way from the Islands, we have created our own ritual for your hair using the same ingredients. Add this beautiful treatment to your style dry or roller setting.

Elemis Exotic Hand Ritual with Manicure The Elemis Exotic Hand Ritual offers more than just a manicure! First we rejuvenate with the Elemis Exotic Lime and Ginger Salt Glow, then nourish and condition with the sublime sensation of milk protein. Your skin and nails will be lavished beyond perfection.

Elemis Sole Delight Foot Treatment with Pedicure This is the most rejuvenating foot therapy. Indulge your feet in warmed aromatherapy oils combined with the decadence of milk. You will feel like you are walking on air.





The **timetospa Gift Card**. What better way to indulge someone special than by purchasing a timetospa gift card for use in the spa on board during your cruise. Available for purchase in the spa from \$25. **A Sensory Heaven Awaits.**

FACE

	standard	value
La Thérapie Hydralift Facial 50 mins	\$119	\$107
La Thérapie Intensif Age Zone Treatment*		
<i>select two solutions from Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment</i>	add-on	\$20
La Thérapie Intensif Vitamin Anti-Oxidant Treatment*	add-on	\$20
Elemis Pro-Collagen Marine Facial 50 mins	\$145	\$131
Elemis Pro-Collagen Eye Zone Therapy 30 mins	\$70	\$63
Elemis Skin Specific Facial 50 mins	\$119	\$107

BODY

Elemis Aroma Stone Therapy 75 mins	\$195	\$176
Elemis Deep Tissue Muscle Massage 50 mins	\$129	\$116
Swedish Massage 50 mins	\$119	\$107
Reflexology* 50 mins	\$119	\$107
Couples Massage* 50 mins	\$269	\$242
Hawaiian Wave Four Hand Massage 75 mins	\$198	\$180
Elemis Absolute Spa Ritual 100 mins	\$265	\$239
Total Glow Self Tanning Treatment 50 mins	\$155	\$140

EXOTICS

Elemis Cellutox Aroma Spa Ocean Wrap or Float		
with half body massage 75 mins	\$195	\$176
with full body massage 100 mins	\$259	\$233
with float add-on	\$20	\$18
Elemis Musclease Aroma Spa Ocean Wrap or Float ..		
with half body massage 75 mins	\$195	\$176
with full body massage 100 mins	\$259	\$233
with float add-on	\$20	\$18
Elemis Exotic Lime & Ginger Salt Glow		
with half body massage 50 mins	\$155	\$140
with full body massage 75 mins	\$199	\$179
Elemis Exotic Frangipani Body Nourish Wrap or Float		
with half body massage 75 mins	\$225	\$203
with full body massage 100 mins	\$265	\$239
with float add-on	\$20	\$18
Elemis Exotic Coconut Rub and Milk Ritual Wrap or Float		
with half body massage 75 mins	\$225	\$203
with full body massage 100 mins	\$265	\$239
with float add-on	\$20	\$18

CEREMONIES

Egyptian Ceremony of Milk and Ginger	\$517	\$470
Asian Ceremony of Stone	\$467	\$425
Tahitian Ceremony of Flowers	\$519	\$472

FIRMING

Ionithermie Cellulite Reduction Program 50 mins	\$159	\$143
course of three	\$399	\$359

WATER RITUALS

	standard	value
Bathing Rituals*..... 25 mins	\$35	\$32
Etruscan Chamber Rasul* 50 mins	\$95	\$86
Persian Garden Thermal Suite*.....	\$20	\$18
Thalassotherapy Pool [†] day pass	\$20	\$18

FITNESS RITUALS

Personal Training Session ... 60 mins	\$85
Course of 3	\$209
Body Composition Analysis ... 30 mins	\$35
Chakra Balancing Capsule ... 25 mins ... \$49..... 50 mins ...	\$69
Yoga, Kick Boxing, Cycling	per class \$10
Class Pass ... 3 days ... \$49	6 days ... \$69

SMILE SPA

GoSMILE Tooth Whitening Treatment ... 30 mins	\$199
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HAIR & NAIL RITUALS

Elemis Frangipani Hair & Scalp Conditioning Ritual ... 25 mins ...	from \$29
Style Dry / Roller Set	from \$35
Trim or Restyle & Style Dry	from \$59
Men's Wet Cut and Style Dry.....	from \$25
Hair Up	from \$35
Color & Style	from \$55
Traditional Manicure ... 25 mins	\$29
Traditional Pedicure ... 45 mins	\$45
Elemis Exotic Hand Ritual with manicure ... 45 mins	\$45
Elemis Sole Delight Foot Treatment with pedicure ... 60 mins	\$65
Paraffin Wax Treatments for the Hands and Feet	add \$15

TIME TO SPA TIPS

Satisfaction Guarantee We pride ourselves on enriching the lives of all our guests with premium treatments that nurture wellness on every level. If our staff does not meet your service expectations during your treatment, we will offer an alternative service, or if preferred, we will issue a refund.

Value Price During your cruise the spa will offer value prices for certain services at specified times, allowing you to experience luxury therapies at a valued price. Check your daily program for details.

Nurture your Experience Be sure to arrive in the spa 15 minutes prior to your scheduled treatment time. You may be on cloud nine when you leave the treatment room. You could forget about the ring that you put in your robe pocket...so keep it safe and sound in the safety deposit box in your suite.

Cancellation Policy Please give us 24 hours notice before canceling your appointments or your on board account may be charged with 50% of your treatment cost.

Minimum Age Guests must be at least 18 years of age to receive treatments or utilize spa facilities unless participating in the YSpa program. Salon services are available to guests of all ages. Fitness facilities are available to minor guests when accompanied by an adult. Please see restrictions posted outside the Fitness Center.

Customer Service We aim to delight. Please let us know if there is anything else we can do to make your time in the spa more relaxing.

Product Return Policy Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without receipts can be exchanged for either services or products. We cannot accept opened or unopened products for refund after the cruise. All exchanges and refunds must take place on board.

time to spa at home Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home.

Thank You We hope we have enhanced your on board experience and wish you days filled with well being, vitality and joy until we meet again...

* Occasionally, for reasons beyond our control, your treatment selection may not be available.

† Only applicable on board Century, Galaxy and Mercury cruise ships.

For more information on our services or products visit www.timetospa.com or call 800-423-5293 to order.